

User's Manual

LEICKE Sharon ActivityTracker for smartphones with Bluetooth



Thank you for purchasing the ActivityTracker from LEICKE Sharon.

We continuously work on the development of our products, our customer support and innovations. Our products have a long service life, are eco-friendly and high performing. Furthermore, every day we do our very best to satisfy you as our customer. That is why you, no matter if private or business customer, are in the focus of our company's efforts. We take your reviews and proposals seriously and evaluate them continuously. That way, we get to know you and your demands on our products and services better and thus allow for positive enhancements.

To discover more about LEICKE products, or if you have any questions about this product, visit our website www.leicke.com.

PACKAGE CONTENTS

Before attempting to use this device, please check the packaging and make sure the following items are contained in the package:

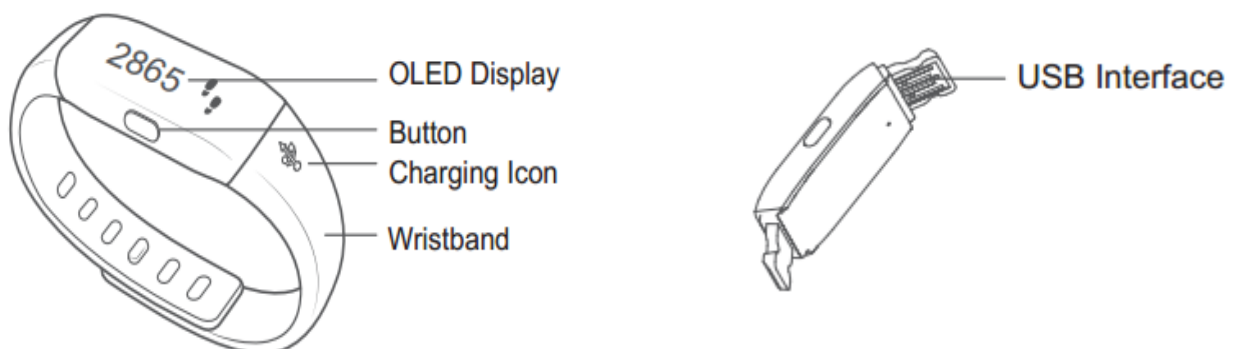
Number of Pieces	Name	Note
1	ActivityTracker (USB interface)	Bluetooth 4.0, Blue OLED, IP64
2	Wristband (black, red)	Device has to be taken off the wrist band for charging.
1	User's Manual	-

TECHNICAL DETAILS

Input voltage	USB, 5V
Input current	60mA
Weight	19 g
Steps	0-120.000 steps, unit: 1 step
Calories	0-12000.0 kcal, unit: 0.1 kcal
Distance	65.36km
Step counting accuracy	± 20 steps at 500 steps
Data connection	Bluetooth 4.0
Display	Blue OLED V.A.: 22.4mm x 5.6mm
Battery	70mAh, LiPolymer
Battery run time	≥ 7 days with fully charged battery when used 8 h/day
Operating Temperature	0°C~40°C
Dimensions	Size: 195 mm x 20 mm x 10 mm

PRODUCT INFORMATION


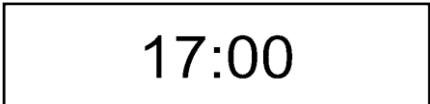
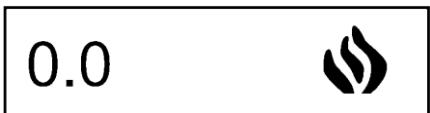
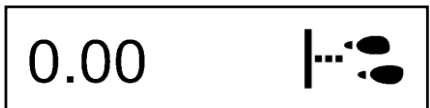
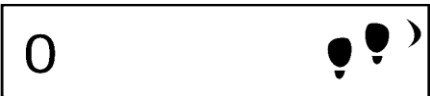
The ActivityTracker counts your steps, the distance and estimates the burned calories. It uses Bluetooth 4.0. The user may set the time, the units etc. using the App. Information can be transmitted via Bluetooth. Data may also be transmitted through the USB interface, so that the user can always download all information.



MAIN FUNCTIONS

- Supports Bluetooth 4.0
- OLED Display
- Records the data over 7 days, updates every 5 minutes if something changes.
- Shows steps, distance, estimated burned calories and the current time
- Tracks your sleep (this function can be set via the App)

OLED DISPLAY

Symbol	Description
	Steps
	Time
	Calorie consumption (kcal)
	Distance (km)
	Sleep Tracking (flashing moon symbol) Press the button once to set function on/off

Charging the Band

The following symbol shows you should charge your wristband:



Connect the wristband to a suitable device via the USB interface:



During charging the following symbol flashes:



When charging is complete, the symbol looks like this:



Notice: The mini USB port is just for charging and cannot transmit any data.

Warning: Batteries and built-in batteries must not be exposed to extreme heat or long-lasting sunshine.

Connecting to the smartphone

Download the MedM Health App and install on your Bluetooth 4.0 device.
Switch on Bluetooth and the App. Both has to be switched on for the pairing process. Hold the button at the tracker for about 12 seconds to start the pairing.
Please pay attention to the following symbols to get a successful connection.
Both symbols alternating mean the pairing process is running.



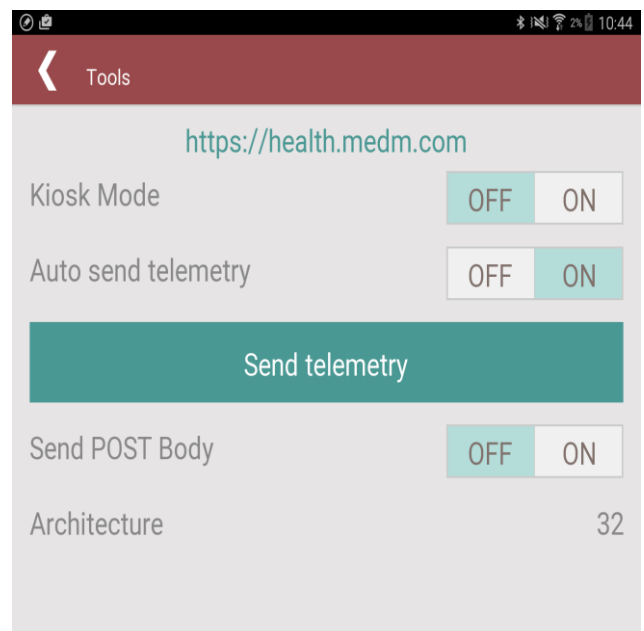
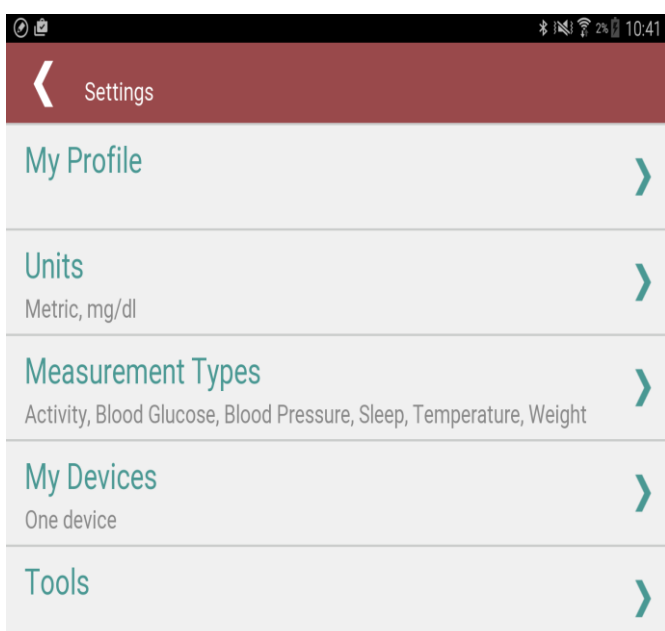
When pairing was successful "Success!" will be shown.

Success!

If pairing went wrong "Fail!" will be shown.

Fail!

To ensure an automatic data transfer, choose Settings – Tools – “Auto send telemetry”. If the pairing was successfully, the tracked data will be transmitted to your device automatically.



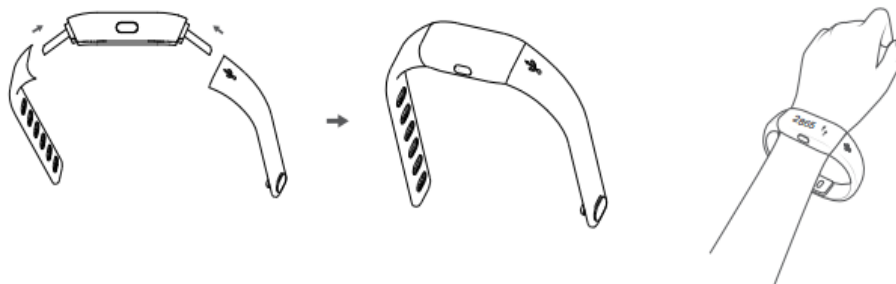
Functions of the Tracker

When using the device for the first time and the OLED does not illuminate when you press the button shortly, hold the button for about 5 seconds. The wristband will exit shipping mode.

Notice:

When charging the device while in shipping mode, it will automatically enter normal working mode and you can start tracking. Time is set to 0:00. After pairing the device downloads the time from the mobile device and shows it.

- For first use, plug the wristband part with the USB symbol into the USB port of the ActivityTracker.
- Now connect the second part to the other side.
- Wear the tracker like a watch. The part with the USB symbol should face you.
- Adjust the length to a comfortable size.
- Now just start tracking!



Notice:

Wearing the tracker at your left wrist, the button should face your arm. Wearing the tracker at your right wrist, the button should face your hand.

USAGE

Follow the instructions. Tracking can start now!



The data will be transmitted after successful pairing to your Bluetooth 4.0 device.



Notice:

Data will be transmitted every 100 steps to the next paired mobile device. Alternatively press the button at the ActivityTracker to start synchronization with the App if the band is near the mobile device.

SHOW DATA

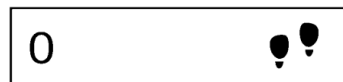
Press the button shortly. The last setting will be shown (e.g. calorie consumption).



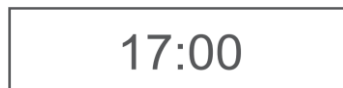
Pressing the button again will change the display (e.g. distance after calories).



Then steps will be shown.



Then time.



When the button is not pressed, the OLED switches off after a few seconds.

Notice:

When battery is low, the battery symbol will be shown first when pressing the button.

Notice:

At midnight (0:00) the data will be reset to 0. You cannot set the data manually to zero.

SLEEP TRACKING

The ActivityTracker can also track your sleep (duration and movements). Like this, sleep quality can be evaluated (e.g. restless sleep). Therefore, you have to use the App on your mobile device.

To start sleep tracking, press the button until you sense a vibration and the moon symbol flashes on the display. Sleep tracking is now on.



After getting up, switch off sleep tracking with pressing the button again until a small vibration occurs and the moon symbol vanishes.



FAQ

Problem Description	Possible Cause/Possible Solution	
	<ul style="list-style-type: none"> • Unsuccessful pairing <div style="border: 1px solid black; padding: 5px; margin: 10px 0; text-align: center;">Fail!</div> <ul style="list-style-type: none"> • Is Bluetooth on? • Is the app installed and on? <p>Are both devices in transmission range?</p>	
Abnormal tracking results: Big discrepancies between two current recordings.	Wearing the wristband in a wrong way can influence measurements negatively.	Wear the tracker as described to avoid wrong recordings.
	Done less than 10 steps.	Do more than 10 steps.
	Wearing very soft slippers or just sliding over the floor.	Try to walk normal.
The display shows nothing.	Low battery.	Charge battery regularly.
	The device is still in shipping mode.	Press the button for at least 5 seconds to wake up the tracker.
The device cannot be switched on.	Low battery. Charge battery regularly.	
Data transmission is not working.	Bluetooth is switched off.	Switch on Bluetooth.
	The app is switched off.	Switch on the app.
	Outside transmission range.	Get both devices closer together.

SAFETY NOTES

- Keep the device away from humidity or liquids while charging. This may lead to short-circuit.
- Do not manipulate the tracker. For example: Do not drop, disassemble, open, crush, excessively bend, stab, microwave, incinerate or paint the device. Do not insert unsuitable objects.
- Do not use abrasive cleaners to clean the device.
- Do not expose the device to extreme temperatures (heat/cold).
- Avoid open fire, like cooking fires, candles or bonfires.
- Sharp objects may leave scratches or even damage the tracker.
- Do not stick anything into the tracker that is not mentioned in the manual. This could damage inner parts.
- Do not attempt to repair the tracker, modify or disassemble. It does not contain any parts useful.

BATTERY NOTICE

- Do not attempt to change the battery. It is built-in and not made for change.
- Just charge the battery as described in the manual.
- Avoid extreme high or low temperatures while charging.
- Do not wear the tracker at your wrist while charging.
- Do not try to disassemble the tracker and open the battery by force.
- Do not clean the tracker while charging. Always unplug before cleaning.
- Do not expose to open fire. The battery could explode which could lead to injuries or death.

HEALTH WARNING

Warning: THIS DEVICE IS NO MEDICAL DEVICE!

The pedometer (ActivityTracker) and the applications must not be used to diagnose, treat or prevent diseases or other medical conditions. Please always contact qualified medical professionals before changing your training, diet or sleeping habits as doing so on your own may lead to damages or death.

FCC Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC-Caution: FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

IMPORTANT NOTE:

Radiation Exposure Statement:

1. This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users should follow the specific instructions in the user's manual to comply with the FCC rules.
2. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

DISPOSAL



This device contains materials that must not be disposed of as household waste. Please check local laws concerning the applicable disposal regulations. Protect the environment by participating in recycling programs!

CONTACT

If you have any questions, please feel free to contact us.

PRODUCTION & WHOLESALE

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